

Mental Health Benefits During COVID-19 Pandemic

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On June 19, the Treasury, Labor and HHS Departments jointly proposed an updated Self-Compliance Tool for confirming compliance under the Mental Health Parity and Addiction Equity Act (MHPAEA). The Departments expect to issue a final version of the letter after receiving comments from the public by July 24, 2020.

During the COVID-19 pandemic, mental health benefits have become more important as employees face greater stress. For a summary of three steps employers may take to re-vitalize the mental health benefits offered to employees, see [commentary](#).